



Open Gym Schedule

Gymnasium @ Springfield Family YMCA

September 8th - December 30th

300 S Limestone St
 SPRINGFIELD, OH 45505
 (937) 323-3781

	MON	TUE	WED	THU	FRI	SAT	SUN
6am	Youth Gym Closed 6am - 7:30am	Youth Gym Closed 6am - 7:30am	Youth Gym Closed 6am - 7:30am	Youth Gym Closed 6am - 7:30am	Youth Gym Closed 6am - 7:30am		
	Main Gym (Both Sides) 6am - 7:30am	Main Gym (Both Sides) 6am - 7:30am	Main Gym (Both Sides) 6am - 7:30am	Main Gym (Both Sides) 6am - 7:30am	Main Gym (Both Sides) 6am - 7:30am		
7am	Youth Gym (Both Sides) 7:30am - 9am	Youth Gym (Both Sides) 7:30am - 10am	Youth Gym (Both Sides) 7:30am - 9am	Youth Gym (Both Sides) 7:30am - 10am	Youth Gym (Both Sides) 7:30am - 9am		
	Main Gym Closed 7:30am - 9am	Main Gym Closed 7:30am - 9am	Main Gym Closed 7:30am - 9am	Main Gym Closed 7:30am - 9am	Main Gym Closed 7:30am - 9am		
8am						Youth Gym (Both Sides) 8am - 5pm	
						Main Gym (Both Sides) 8am - 9am	
9am	Pickel Ball - Youth Gym 9am - 12pm	Main Gym (Both Sides) 9am - 1pm	Pickel Ball - Youth Gym 9am - 12pm	Main Gym (Both Sides) 9am - 1pm	Pickel Ball - Youth Gym 9am - 12pm	Main Gym Back Half 9am - 10am	
	Main Gym (Both Sides) 9am - 1pm		Main Gym (Both Sides) 9am - 1pm		Main Gym (Both Sides) 9am - 1pm		
10am		Youth Gym Closed 10am - 12pm		Youth Gym Closed 10am - 12pm		Main Gym (Both Sides) 10am - 5pm	
12pm	Youth Gym (Both Sides) 12pm - 9pm	Youth Gym (Both Sides) 12pm - 6:30pm	Youth Gym (Both Sides) 12pm - 4pm	Youth Gym (Both Sides) 12pm - 6:30pm	Youth Gym (Both Sides) 12pm - 9pm		Youth Gym (Both Sides) 12pm - 5pm
							Main Gym (Both Sides) 12pm - 5pm
1pm	Main Gym Front Half 1pm - 4pm	Main Gym Front Half 1pm - 4pm	Main Gym Front Half 1pm - 4pm	Main Gym Front Half 1pm - 4pm	Main Gym Front Half 1pm - 4pm		
4pm	Main Gym (Both Sides) 4pm - 9pm	Main Gym (Both Sides) 4pm - 9pm	Youth Gym Front Half 4pm - 7:30pm	Main Gym (Both Sides) 4pm - 9pm	Main Gym (Both Sides) 4pm - 9pm		
			Main Gym (Both Sides) 4pm - 9pm				
6pm		Youth Gym Closed 6:30pm - 8pm		Youth Gym Closed 6:30pm - 8pm			
7pm			Youth Gym (Both Sides) 7:30pm - 9pm				
8pm		Youth Gym (Both Sides) 8pm - 9pm		Youth Gym (Both Sides) 8pm - 9pm			

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.



Class Descriptions Springfield Family YMCA

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Main Gym (Both Sides) - The entire main gym is open.

Main Gym Back Half - Due to programming only half of the main gym is available for open play.

Main Gym Closed - The main gym is closed due to an event.

Main Gym Front Half - Due to programs we only have half of the main gym open for open gym.

Pickel Ball - Youth Gym - Pickel Ball Nets set up for play.

Youth Gym (Both Sides) - The entire youth gym is open.

Youth Gym Closed - The youth gym is closed due to an event.

Youth Gym Front Half - Due to programming only one half of the Youth Gym is available for open play.